



Moving Checklist

From eight weeks before to the first days in your new home

A free moving checklist with 30 tasks from eight weeks before to the first days after the move.
No sign up or email required.

■ 8 WEEKS BEFORE

- ☐ Create a moving binder for documents and receipts
- ☐ Sort and declutter each room, donate or discard items
- ☐ Research and book a moving company or truck rental
- ☐ Notify landlord or real estate agent of your move date
- ☐ Start a list of people and services to notify

■ 4 WEEKS BEFORE

- ☐ Schedule utility disconnections and connections for new home
- ☐ Collect packing supplies: boxes, tape, markers, bubble wrap
- ☐ Pack items you will not need in the next month
- ☐ Submit change of address form to postal service
- ☐ Arrange for pet or plant care on moving day

■ 2 WEEKS BEFORE

- ☐ Confirm moving company or truck reservation details
- ☐ Pack a suitcase with essentials for the first week
- ☐ Label all boxes by room and contents
- ☐ Notify insurance providers of your new address
- ☐ Arrange for parking permits or elevator reservations



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■ MOVING WEEK

- ☐ Finish packing all non-essential items
 - ☐ Clean the old home thoroughly
 - ☐ Defrost and clean refrigerator and freezer
 - ☐ Confirm arrival time with moving company or helpers
 - ☐ Prepare an essentials box with snacks, toiletries, and tools
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■ MOVING DAY

- ☐ Direct movers on which items go to which room
 - ☐ Check all rooms and closets for forgotten items
 - ☐ Take final photos of empty rooms for records
 - ☐ Lock all windows and doors at old home
 - ☐ Leave keys and garage openers with landlord or new owner
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■ AFTER THE MOVE

- ☐ Unpack essentials box first for immediate use
 - ☐ Set up beds and basic furniture in each bedroom
 - ☐ Connect major appliances and test them
 - ☐ Update your address with banks, subscriptions, and employers
 - ☐ Explore your new neighborhood for nearby stores and services
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